



<b>Forget The Joneses Weekly Task List</b>	
<b>Monday</b>	<b>TOP TEN GOALS</b>
1	
2	<b>1. Goal =</b>
3	a.
4	b.
5	c.
<b>Tuesday</b>	<b>2. Goal =</b>
1	a.
2	b.
3	c.
4	
5	<b>3. Goal =</b>
	a.
<b>Wednesday</b>	b.
1	c.
2	
3	<b>4. Goal =</b>
4	a.
5	b.
	c.
<b>Thursday</b>	
1	<b>5. Goal =</b>
2	a.
3	b.
4	c.
5	
	<b>6. Goal =</b>
<b>Friday</b>	a.
1	b.
2	c.
3	
4	
5	

<b>Saturday</b>	<b>7. Goal =</b>
1	a.
2	b.
3	c.
4	
5	<b>8. Goal =</b>
	a.
<b>Sunday</b>	b.
1	c.
2	
3	<b>9. Goal =</b>
4	a.
5	b.
	c.
<b>TASK KEY</b>	
1. = The Quick-and-Easy Thing	<b>10. Goal =</b>
2. = The Time-Sensitive Thing	a.
3. = The I-Don't-Want-To-Do-That Thing	b.
4. = The Quality-of-Life Thing	c.
5. = The Take-Care-of-YOU Thing	